

BABY & ME ROOM GUIDELINES

We hope to provide a place where you can relax, meet other parents, share experiences and concerns, and enjoy time with your baby. Please let us know what we can do to assist you – we are available to listen, problem-solve, and to provide information and resources.

- **Speakers:** On a monthly basis, we schedule special programs for parents in the Baby & Me Room. Please let us know what topics or speakers you would be interested in. (Also, until your baby is actively crawling, you may bring your baby with you into the Parent Lounge for speaker programs or informal conversation – but please return to the Baby Room if your baby is disrupting the discussion)
- **Child Care:** You are welcome to ask the Baby & Me Room staff to take care of your baby for a short period of time, while you get a cup of coffee in the Parent Room or check in on an older child. Please be sure to tell a staff person (and your child) whenever you leave the room. We cannot offer child care for longer periods of time on a regular basis, although we do try to accommodate individual needs when possible.
- **Transition to Rainbow Room:** When your child begins walking steadily, the Baby & Me room staff will talk with you about making the transition to the Rainbow Room. You are welcome to visit in the Rainbow Room and to talk with the staff in order to make a successful plan for this important step for you and your child. And you are always welcome to come back to the Baby & Me Room for a visit!

Baby Room Hygiene:

- Remove your shoes before walking on the mats. Socks are available on the shelf for your use.
- After changing your baby's diaper, place diaper in plastic bag before depositing it in the diaper pail. Wipe off changing pad with the cleaning solution, and don't forget to use hand sanitizer yourself!
- Place toys that have been mouthed or handled by your baby in the large blue bin by the door when s/he is finished with them. Toys are cleaned every day after drop-in.
- You may bring food and drink for yourself or your baby into the room, but please be very careful with cups of hot coffee or tea.

THANK YOU FOR YOUR COOPERATION!